



# YOUR HEALTH IS OUR PRIORITY

**FASTING IS OPTIONAL NOT REQUIRED!**

## ULTRASOUND

Carotid Artery

Visualizes the buildup of fatty blockage in the carotid arteries. This condition causes the majority of strokes.

Peripheral Artery Disease (ABI)

Checks for blockages in the legs. Abnormal results indicate high risk of coronary artery disease and peripheral arterial disease

Abdominal Aortic Aneurysm (AAA)

Visualizes the existence of an aneurysm in the abdominal aorta, that can rupture and be fatal.

## BLOODWORK

Biometric Screening and Bloodwork

Height/Weight

Waist circumference

Body Mass Index (BMI)

Blood pressure

Lipid Panel with glucose

Full Chemistry Panel - Provides high level evaluation of the body's major organ functions

Hemoglobin A1c - Average blood sugar (glucose) last 3 months

Prostate Specific Antigen (PSA) Men

Thyroid Stimulating Hormone (TSH) Women

To make an appointment (required):

Call 515-244-3080 or visit:

<https://NASI.hgscreenings.com/>

